

Nutrients Beyond Nutrition



NUTRIENTS BEYOND NUTRITION 10

From clinical complexity to precision nutrition

Palermo, April 1/2, 2025

Scientific Coordinator: Prof. *Maurizio Muscaritoli*



PRELIMINARY PROGRAM

Tuesday, April 1ST

14.00-14.30 Registration and welcome coffee

14.30-14.45 Welcome address and introduction
Silvio Buscemi, Salvatore Corrao

AFTERNOON SESSION OPENING LECTURE

Chair: *Gianni Biolo*

14.45-15.15 Defining and understanding clinical complexity
in the hospitalized patient
Maurizio Muscaritoli

SESSION 1

Managing clinical complexity with a focus on older adults

Chairs: *Mario Barbagallo, Roberto Riscato*

15.20-15.40 Aging in the third millennium: challenges and opportunities
Marcello Maggio

15.40-16.00 Sarcopenia of aging: where do we go?
Mauro Zamboni

16.00-16.20 Preventing functional and metabolic muscle dysfunctions caused by inactivity
Gianni Biolo

16.20-16.40 Nutrition and hydration in multimorbid older adults
Stephane Schneider

16.40-17.00 Sarcopenic obesity in hospitalized patient
Silvio Buscemi

17.00-17.20 Physical function and rehabilitation in the hospitalized patients
Nicolas Martinez Vellilla

Interactive discussion & Conclusive remarks

Wednesday, April 2

09.15-09.30 Recap of previous day
Maurizio Muscaritoli

MORNING SESSION OPENING LECTURE

Chair: *Maurizio Muscaritoli*

09.30-10.00 The role of omega-3 fatty acids in the prevention and treatment of aging – and disease – related sarcopenia
Philip Calder

SESSION 2

Muscle mass and function as targets of diseases

Chairs: *Rosella Guggino, Alessio Molfino*

10.00-10.20 Impact of respiratory failure on muscle mass and function
Annemei Schols

10.20-10.40 ICUAW: from pathogenesis to post-discharge nutritional therapy
Antonella Cotoia

10.40-11.00 AI-assisted body composition imaging in the assessment of muscularity
Maurizio Muscaritoli

11.00-11.20 Malnutrition, GLIM and the assessment of muscle mass
Tommy Cederholm

11.20-12.00 *Interactive discussion*

SESSION 3

Nutrition & Metabolism in cancer patients

Chairs: *Sebastiano Mercadante, Maurizio Muscaritoli*

12.00-12.20 Nutrition in patients with cancer: the oncologist's perspective

Giulia Mentrasti

12.20-12.40 Supplemental PN in cancer patients: is it meaningful?

Jann Arends

12.40-13.00 Novel insights into omega-3 fatty acid metabolism
in breast cancer patients

Alessio Molfino

13.00-13.30 *Interactive discussion*

13.30 *Closing of the meeting*

Light Lunch & wrap up

INVITED SPEAKERS AND CHAIRMEN

Jann Arends (Freiburg, DE)

Mario Barbagallo (Palermo)

Gianni Biolo (Trieste)

Silvio Buscemi (Palermo)

Philip Calder (Southampton, UK)

Tommy Cederholm (Uppsala, SE)

Salvatore Corrao (Palermo)

Antonella Cotoia (Foggia)

Rosella Guggino (Palermo)

Marcello Maggio (Parma)

Giulia Mentrasti (Ancona)

Sebastiano Mercadante (Palermo)

Alessio Molfino (Roma)

Maurizio Muscaritoli (Roma)

Roberto Risicato (Siracusa)

Annemie M.W.J. Schols (Maastricht, NL)

Nicolas Martinez Velilla (Navarra, ES)

Stephane Schneider (Nice, France)

Mauro Zamboni (Verona)

GENERAL INFORMATION

Date

April 1/2, 2025



Venue

NH Palermo
Foro Italico Umberto I, 22/b - 90133 Palermo

Language

The official languages of the Meeting will be English and Italian.
Simultaneous translation system will be provided.

Registration

Participation in the Congress does not include registration fee.
There is a maximum of 60 seats available and they will be given out basically on a first come first serve basis. In order to make your registration, it is necessary to complete the registration procedure present at the following link.



CME

The Event is part of Continuing Medical Education for Italian participants and has been accredited in the following categories:

Pharmacists, Nurses, Dietitians, Physicians

The Event received 8 credits

Certification with CME credits will be issued via email and will be subject to:

- registration on the site
- On-line learning questionnaire.

The on-line compilation of the satisfaction and learning questionnaires will be possible from **April 2 to April 5**, connecting directly to the Fencia Events & Communication website.

The CME certificate will be sent at the end of the questionnaire to all those who will be entitled to the e-mail address indicated.

THIS EVENT WAS SUPPORTED BY
AN UNRESTRICTED EDUCATIONAL GRANT BY



Organizing Secretariat



Fenicia Events & Communication
Via Tor de' Conti, 22 - 00184 Roma
Tel. 06.87671411 - WhatsApp 329.3506996
info@fenicia-events.eu - www.fenicia-events.eu